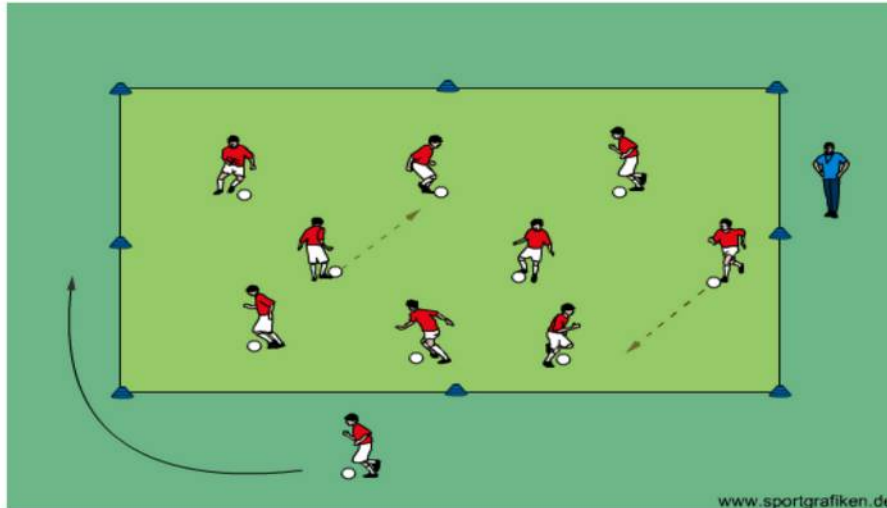


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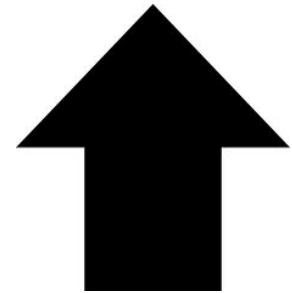
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Drill Title: Everybody Is It
Age Group: (5-7yrs) (8-11yrs) (12-15yrs)
Number of Players: 6+
Difficulty: Easy
Time: 5-10 min.
Emphasis: dribbling, passing

Field Preparation:
each player with a ball
grid (15yds x 20yds)
cones to mark off area



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Description:

players attempt to pass their ball against another player's ball to be awarded a point
if a player's ball is hit then this player must dribble around grid before he can come back to rejoin the game
players must keep score

Variation:

players try to pass their ball against another player's legs (below the knee) to be awarded a point
specify how players must pass (left or right foot, inside or outside foot etc.)
adjust spacing depending on the age and ability of the group

Coaching Points:

- keep ball on the ground
- stay within bounds
- keep ball rolling
- change direction and speed
- keep ball close to feet
- fake passes
- shielding

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team*SNAP

- Manage game schedules
- Track fees & payments
- See who can attend games

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